

COMMUNITY RESOURCES FOR SOCIAL EMOTIONAL SUPPORT

CURRENT AS OF 8/2017

Provider	Age info	Contact Info	Location	Insurance and Service Notes
<b>Anan and Associates</b>	0-adult	248.692.4890 Anan-associates.com	Novi	BCBS-Specialization in Autism, ABA, Parent-Child Interaction Therapy, Selective Mutism
<b>Beaumont Center for Human Development</b>	0-adult	248.691.4744 Beaumont.org	Southfield and Grosse Point	Most insurance accepted for some services.
<b>Birmingham Maple Clinic</b>	4-adult	248.646.6659 birminghammaple.com	Troy	Most Insurances accepted: Tricare, Blue Cross Blue Shield, Aetna, Cofinity, HAP, BCN
<b>Catholic Charities of SE Michigan</b>	4-adult	248.548.4044 cssoc.org	Royal Oak, Pontiac, Lake Orion, Waterford, Auburn Hills, Southfield	Molina, Great Lakes, Total Health Care, Meridian, and Blue Cross Complete, Aetna, Blue Cross Blue Shield, Cofinity, Health Alliance Plan (HAP), HealthPlus, McLaren, Priority Health, United Behavioral Health.
<b>Centro Multicultural La Familia</b>	0-adult	248.858.7800 centromulticultural.org	Pontiac	Mostly for Spanish speaking families.
<b>Child and Family Solutions Center</b>	3-adult	248.851.5437 childandfamilysolutionscenter.com	Farmington Hills	BCBS PPO, cash, credit cards. Also services gifted children.
<b>Christian Family Services</b>	0-adult	248.557.8390 cfs-michigan.org	Southfield	No insurances accepted. Fees are usually low (like a copay) with a sliding scale.
<b>Christine Fisk, MS, LLP</b>	0-adult	248.561.7308	Bloomfield Twp	Blue Cross Blue Shield
<b>Common Ground</b>	0-adult	800.231.1127 Commongroundhelps.org	Pontiac	Medicaid plans. Crisis support.
<b>Denise Arbaugh, RN, MA, LPC, NCC, IMH (E) II</b>	0-adult	586.291.2877	Royal Oak	Sliding Scale
<b>Dr. Angela DeBastos</b>	0-adult	248.651.9670 Drdebastos.com	Troy	Blue Cross Blue Shield, Value Option, HealthPlus PPO, Multiplan, and Aetna/Cofinity
<b>Dr. Laura Hutchison &amp; Assoc.</b>	0-adult	855.781.3974 playdrhutch.com	Farmington Hills	Aetna, BCBS, Cigna, HAP, Magellan Behavioral Health, Sliding Scale
<b>Dr. Patricia Armstrong</b>	0-adult	248.674.2659	Waterford	Aetna, Beaumont, BC/BS, Cigna, Cofinity, Health Plus, Value Options, Cash, Check, Credit Card
<b>DYOS Counseling, PLLC</b>	0-adult	248.840.3376 dyoscounseling.com	Rochester	Alejandra Barnes, MA, LLPC, NCC; No Insurance only cash, check, credit card- Spanish speaking-
<b>Easter Seals</b>	prenatal-adult	248.475.2150 after prompt press one(1) to receive services easterseals.com/michigan	Auburn Hills, Southfield	Straight Medicaid and Medicaid HMO's based on financial need— <i>Joe direct: 248.395.6374</i>
<b>Family, Health &amp; Harmony, LLC</b>	0-adult	734.395.4434 facebook.com/Familyhealthharmony/	Based in Farmington, home based services	Private Pay, sliding scale as needed
<b>Great Lakes Psychology Group</b>	0-adult	248.385.3847 greatlakespsychologygroup.com	Clarkston, Troy	Blue Cross/Blue Shield, Blue Care Network, Aetna, Cofinity, HAP, Value Options, Health Plus, Cigna, United Behavioral Health.
<b>Healing Hearts and Minds Center for Counseling</b>	0-adult	248.809.5755 healingheartsandmindsc.com	Rochester Hills	Aetna, Anthem, BCN, BCBS, Humana, McLaren, Meridian, Molina, Optum, UMR, United Health Care
<b>Ira Glovinsky, Ph.D.</b>	0-18	248.538.9070	West Bloomfield	Blue Cross Blue Shield; Aetna; limited sliding scale

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Nanci Hester, LMSW Lindsay Ludtke, LLMSW		glovinskycenter.com		
Jennifer N. DeSchryver, Psy.D.	0-adult	248.890.4077 jenniferdeschryver.com	Bloomfield Twp.	Blue Cross Blue Shield
Jewish Family Service	5-adult	248.592.2300 jfsdetroit.org	West Bloomfield, Oak Park	BCBS and most major insurances, sliding fee scale- No Medicaid HMOs
JOAK Counseling and Behavioral Center	0-adult	586.690.8331 Joakhomes.com	Clinton Twp	Many private insurances; Leslie Play therapist; Samantha- supervisor; Most private insurances, some home visiting (BC/BS)
Joseph G. Castine, LLP, IMH (E) III	0-adult	248.414.3804 a-atherapy.com	Royal Oak	Sliding Scale
Karol Teetor, MA, LPC, NCC	0-adult	248.782.5599	Auburn Hills	Cash and sliding scale accepted-Adoption and Trauma Focused
LifeStart Counseling	0-adult	248-910-1591 lifestartcounseling.com	Farmington Hills	Private Pay ; Focus on Maternal depression
LUNA Trauma Assessment (Easter Seals)	0-18	easterseals.com/michigan/our- programs/the-luna-model.html	Online Screening Assessment tool	Initial assessment at no cost
LifeLens Psychological and Counseling Services	0-adult	866.377.3605 lifelenscounseling.com	Waterford	Aetna, Blue Care Network, BCBS, HAP, Humana <i>Margaret Ostrowski, MS, LPC and Bonny Pomeroy, MA, LPC</i>
New Day Counseling	3-adult	248.649.8050 newdaycounseling.org	Troy	Most Insurances and Sliding Fee
Oakland Family Services	4-adult	Pontiac 248.858.7766 WL 248.624.3812 ofsfamily.org	Pontiac, Walled Lake	All Medicaid HMOs and most commercial <b>Pontiac-Kym Carlson and Crystal Smith</b> <b>Walled Lake-Jennifer Hurst and Amanda Barbosa</b>
Oakland University Counseling Center	6-adult	248-370-4187 Oakland.edu/sehs/cc	Rochester	No cost- good resources for parents in need of assistance <i>Contact: Ashley Karas</i>
Pam Barckholtz, LMSW, IMH-E(IV)	0-adult	248.276.8250 x1565 pbarckholtz@comcast.net	White Lake	Private Pay, sliding scale as needed
Perspectives of Troy	4-adult	248.244.8644 perspectivesoftroy.com	Troy, Novi	Most Insurances accepted except Medicaid plans
Perspectives Therapy Services- Andrea Beaulieu, LMSW	3-adult	810.892.3358 facebook.com/AndreaBeaulieu.LM SW/	Highland	Aetna, BCN, BCBS, Cofinity, Magellan Behavioral Health, McLaren, Meridian, Molina
Reflections Child and Family Therapeutic Group	0-adult	248.716.9773 reflectionstherapeuticgroup.com	Bloomfield Hills	<i>Lindsay LaBoda, LMSW; Gillian Ogilvie, MA, LPC; Katherine Vance, LMSW; Kaela Wright, MS, LLP</i> BCBS
Sollars and Associates	0-adult	248.613.5377 sollarsassociates.com	Commerce, Troy, West Bloomfield, Royal Oak	Aetna, BCBS, Blue Care Choice, Blue Cross Complete, BCN, Cofinity, HAP, Medicare, Meridian, Molina, Optum, Smart, Health, Tricare, United Behavioral Health, United HealthCare, Value Options <i>Adam Walker, LLP, Hillary Lesniak, MSW, IMH-E(II), Teresa Turner, LLP</i>
Valerie Timko, MS, LLP, PC	0-adult	734.788.3233 northwestcounselingfarmingtonhil ls.com	Farmington Hills	Blue Cross Blue Shield
Victoria Schreiber MA, LMSW	3-adult	248.476.4515 victoriaschreiber.com	West Bloomfield	Blue Cross Blue Shield

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<b>Viewpoint Psychology and Wellness</b>	0-adult	248.669.9500 viewpointpw.com	Commerce Township, Michigan 48390	<i>Emily Otten, LMSW and Melanie Schwartz, PsyD, LP</i> Aetna, Blue Care Network, BlueCross and BlueShield, Cofinity, HAP, Magellan Behavioral Health, Priority Health, United Healthcare
<b>Willows Edge Healing Arts Center</b>	0-adult	248.834.0614 willowsedge.net	Oxford	Aetna, BCBS, ComPsych, McLaren, Meridian, TRICARE <i>Shannon Jordon, LPC</i>

**Child Psychiatrists**

Provider	Age Info	Contact Info	Location	Insurance and Service Notes
Kelly Rogalski, MD Robert LaGrou, OD Erin Fallucca, MD	0-18	248.661.7393 Henryford.com	Henry Ford Columbus Center 39450 W 12 Mile Rd Columbus Center 2B, Novi, MI 48377	HAP, Aetna, BCBS, Cigna, Priority Health, some Medicaid HMOs
Marilyn Hamer, MD Kristine Roth, MD	0-18	800.436.7936	Henry Ford Center-Troy 2825 Livernois Road Troy, MI 48083	HAP, Aetna, BCBS, Cigna, Priority Health, some Medicaid HMOs
Richard Raymond Dopp MD Jacek Debiec MD, PhD Cynthia Ewell Foster PhD Kate Diamond Fitzgerald MD	0-18	734.764.6443 uofmhealth.org	U of M Psychiatry Rachel Upjohn Building 4250 Plymouth Rd Ann Arbor, MI 48109	Aetna, Alliance Health and Life, Blue Care Network, BCBS, Cigna, Cofinity, United Health One, HAP, Humana, McLaren, Meridian, Molina, Priority Health, TriCare, United Health Care
Children’s Hospital	0-18	313.745.5437 Childrendmc.org	Children's Hospital of Michigan Specialty Center - Detroit 3950 Beaubien Detroit, MI 48201	Aetna, BCN, BCBS, Cigna, Cofinity, Coventry, Fidelis, HAP, Human, McLaren, Meridian, Molina, Priority Health, Total Health Care, Tricare, United Behavior Health, United Community Plan, United Healthcare
Mark Silverman, MD	0-18	248.504.0961 248.647.0391	Imagine Health, PC 1019 Haynes Birmingham, Michigan 48009	Aetna, Blue Care Network, Cofinity, ComPsych
Humera Athar, MD	0-18	248.918.2273 248.536.2028 premierbehavioralmedi cine.org	Premier Behavioral Medicine 20282 Middle Belt Rd Livonia, Michigan 48152	Aetna, Blue Care Network, Blue Cross Blue Shield, Cigna, HAP   Health Alliance Plan, Magellan Behavioral Health, Optum, Priority Health, TRICARE, Value Options
Thomas Henry, MD	0-18	248.529.3605 practicalpsychiatricsolu tions.com	Practical Psychiatric Solutions, PLC Stone Crest Office Center 1641 S. Milford Road Suite A-101 Highland, MI 48357	Aetna, Alliance, BlueCross and BlueShield, Magellan Behavioral Health
Michael D Colman, MD	0-18	248.688.0813	2725 Endsleigh Drive Bloomfield Hills, Michigan 48301	Aetna, Beech Street, Blue Cross and Blue Shield, Cigna, Cofinity, Corp health, First Health, Health Net, Humana, MHN, Magellan Behavioral Health, PHCS, PacifiCare, TRICARE, United, Value Options
Brooke Weingarten, DO, MPH Jeffery London, MD	0-18	248.646.6659 birminghammaple.com	Birmingham Maple Clinic 2075 West Big Beaver Road Suite 520, Troy, MI 48084	Aetna, Alliance Health and Life, Blue Care Network, BCBS, Cigna, Cofinity, United Health One, HAP, Humana, McLaren, Meridian, Molina, Priority Health, TriCare, United Health Care

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**Sensory Integration Support**

Provider	Age Info	Contact Info	Location	Insurance and Service Notes
<b>Building Bridges Therapy Center</b>	0-18	734.454.0866 Bridgestherapy.com	Plymouth	Most Insurances-Need prescription from pediatrician
<b>Como Pediatric Communication Center</b>	0-18	248.828.3800 Comopedspeech.com	Troy	Most Insurances-Need prescription from pediatrician
<b>Detroit Institute for Children</b>	0-18	248.926.0909 Detroitchildren.org	Walled Lake	Most Insurances-Need prescription from pediatrician
<b>Kaufman Children’s Center</b>	0-18	248.737.3430 kcccloud.com	West Bloomfield	Most Insurances-Need prescription from pediatrician
<b>Kids in Motion</b>	0-18	248.684.9610 Kidsinmotionmi.com	Highland, Clarkston, Commerce	Most Insurances-Need prescription from pediatrician
<b>Team Rehabilitation-Pediatrics</b>	0-18	248.385.0030 team-rehab.com	Bingham Farms location only for pediatrics	Aetna, Auto Carriers, Blue Care Network, Blue Cross Traditional, BCBS, Cigna, Cofinity, HAP, Humana, Meridian, Priority Health, Total Health Care, Tricare, United Health Care Need prescription from pediatrician

**Home Visiting**

Provider	Age Info	Contact Info	Location	Insurance and Service Notes
<b>Fussy Baby (OFS)</b>	0-3	248.858.7766 ofsfamily.org	Home visiting	None needed-Grant funded
<b>Home Visiting Initiative</b>	Prenatal-3	844.456.5437	Home Visiting	None needed-Grant funded
<b>Nurturing Parent Program</b>	0-18	Nurse on Call: 800.848.5533	Home visiting	None needed-Grant funded
<b>Parents as Teachers (OFS)</b>	0-5	248.858.7766 ofsfamily.org	Home visiting	None needed-Grant funded

**School Support**

Provider	Age Info	Contact Info	Location	Insurance and Service Notes
<b>Build Up Michigan (formerly Project Find)</b>	3-26	888.320.8384	Statewide	None needed
<b>Early On Oakland Laurie Leonard, RN or Dawn Koger, PhD</b>	0-3	248.209.2084 or 866.456.2084	Waterford/Oakland Schools	None needed-Call for children with developmental delays in speech/language, gross motor, fine motor, communication.
<b>Oakland Schools Preschool Evaluations Laurie Leonard, RN</b>	3-6	248.209.2084	Waterford/Oakland Schools	None needed- Call for referral for evaluation to determine special school services
<b>Michigan Alliance For Families</b>	0-26	800.552.4821 michiganallianceforfamilies.org	Statewide	None needed- advocacy for children/families and IEPs

This list is compiled by Karen Anthony, LPC, IMH-E®, Early Childhood Mental Health Consultant. Please contact 248.209.2366 or [Karen.Anthony@oakland.k12.mi.us](mailto:Karen.Anthony@oakland.k12.mi.us) with any questions.

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