

Health Policies: What the Students Can Do

Updated 9.16.2020

- Stay home if you have:
 - 100.4+ fever
 - Chills
 - Sore throat
 - Headache
 - Cough
 - Muscle pain
 - Diarrhea
 - Extreme fatigue
 - Shortness of breath
 - Loss of taste or smell
- Wash your hands:
 - When you arrive in your classroom
 - When you use the bathroom
 - When you cough or sneeze
 - Before and after you eat
- Cough and sneeze into a tissue or your upper shirt sleeve.
 - Throw the tissue away immediately.
 - Cover the bathroom door handle with a paper towel, then throw it away.
- Wear a mask:
 - In the parking lot
 - On the sidewalks and porch
 - In the hallways, library, and office
 - During class, if your parents want you to
- Food and Drink
 - Eat during snack and lunch time only.
 - Eat only the food and drink you bring with you.
 - Sit as far as possible from your friends when you are eating.
 - Leave your water bottle on the counter, not around the room.
- Belongings
 - Use only the pencils, pens, scissors, computers, and other items that are assigned to you.
 - Bring a change of clothes in a plastic bag.
 - Bring as few items from home as possible.
 - Do not bring toys, stuffed animals, etc... to school.
- When school is over:
 - Leave through the door you are supposed to leave through.
 - Stay with your family on the porch, on the sidewalk, and in the parking lot.