

**Medical Action Plan**

Child's full name and nicknames \_\_\_\_\_

Child's birthday, age, and grade \_\_\_\_\_

Child's medical issue \_\_\_\_\_

Daily directions \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Symptoms: mild \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Actions if mild symptoms present \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Symptoms: severe \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Actions if severe symptoms present \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Doctor's company name \_\_\_\_\_

Doctor's name \_\_\_\_\_

Doctor's phone number \_\_\_\_\_

Doctor signature and date \_\_\_\_\_

“We give Eagle Creek Academy permission to provide and secure whatever emergency medical and surgical treatment they determine necessary for the care of our child.”

Parent #1 name and cell phone \_\_\_\_\_

Parent #1 signature and date \_\_\_\_\_

Parent #2 name and cell phone \_\_\_\_\_

Parent #2 signature and date \_\_\_\_\_

Eagle Creek signature and date \_\_\_\_\_

## Sample Language

### Julia

- Medical Issue
  - Julia has secondary adrenal insufficiency, hypoglycemia, and low serum cortisol level.
  - Includes a history of non-intractable vomiting with nausea, acute diarrhea, and seizure.
- Daily
  - Every day between 2 and 3 p.m., Julia takes ½ pill (2.5 mg of Hydrocortisone)
- Symptoms of a serious issue
  - Abdominal pain, confusion, dehydration, fatigue, high fever, vomiting, rapid breathing, extremely sluggish, excessive sweating, seizure.
- Actions when symptoms present
  - Call 911.
  - Give Julia the Solu-Cortef (kept in the office cupboard).
    - Connect the plunger and needle.
    - Draw 10 mL of liquid into the plunger/needle.
    - Shoot the liquid into the jar of powder. Swirl gently to mix. Avoid bubbles.
    - Draw 10 mL into the plunger/needle.
    - Tap plunger/needle so the air bubbles rise. You want to inject liquid, not air.
    - Draw skin taut & administer directly into leg muscle. NOT THRU PANTS.
  - The office will call the parents.

### Claudio

- Medical Issue
  - Claudio had a hernia which healed on its own. Observe him in case the hernia comes back.
- Daily
  - Claudio should avoid heavy lifting, kicking, crying hard, coughing hard, straining, and using too much strength.
- Symptoms of a serious issue
  - The diaper area or belly button bulges. Bulges don't always bring pain. He could be calm.
  - Hard crying, cannot be comforted
  - Skin is darker than usual due to blockage
- Actions when symptoms present
  - If it is mild, gently push the bulges toward the stomach, and the office will call the parents.
  - If it is serious, call 911, and the office will call the parents.